



Don't you dare aim that ball at me!



Mary Busser
Verlie Meyers
Diane Ziegler

The Hughes Physical Education Department offers the chance for healthy exercise, along with participation in many sports. Students from the seventh through the eleventh grades, and ambitious seniors for whom gym is not obligatory, spend from two to three hours a week in the two gyms. Swimming courses are conducted in the boys' and girls' pools for interested students. During the warm spring and autumn months the gym classes walk down to Coy Field to enjoy the outdoor facilities of the Physical Education Department.

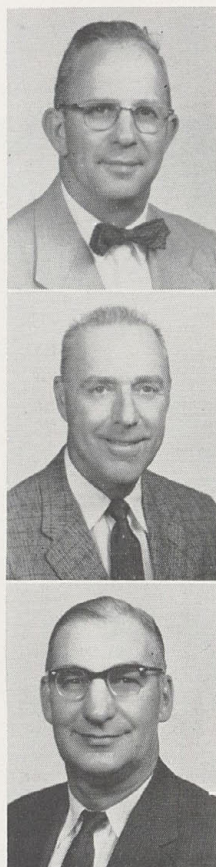
In the girls' gym classes, instruction is given in hockey, volleyball, basketball, softball, individual sports, and dancing. The boys' gym classes concentrate on football, volleyball, basketball, softball, track, tumbling, and calisthenics.

At the beginning of every year the Board of Education requires the girls to take the Physical Achievement Test and the boys to take the Pentathlon Test, to determine the individual ability of the students and to test their skill at various exercises. The same test is repeated at the end of the year to measure the amount of improvement each student has made.

The Physical Education Department plays an important part in the education of the students. From participation in the various sports, students learn cooperation and team work and develop mental powers for making quick reactions.

Physical Fitness Depends On Active Bodies

Howard Grimes
Alan C. Kindschy
Paul Richert



Hurry up and take that picture! My arms are getting tired.

