



Physical Fitness Emphasized for Each Student

"One more lap around the gym; then we'll do our exercises!" This is a familiar cry in both the boys' and girls' gyms, as the physical education teachers attempt to round their groaning students into shape. Team sports are also offered to give everyone opportunity to develop skill and good sportsmanship.



Health, Driver Training Courses of Practical Value to Many

Learning how to maintain good health and how to remain in good physical condition throughout our lives is the primary purpose of health courses. These courses are required

in the sophomore and senior years. Sophomores study driver education and physical fitness; seniors study first aid and home and family living.