

The Physical Education Department consisted of Mr. Robert Naber and Mr. Roger Tieman, both graduates of Covington Catholic and former basketball stars.

Mr. Naber, being chairman, introduced for the first time a physical fitness test. This program consisted of endurance, stability, and all around co-ordination of the body. It was administered to all freshmen and some upperclassmen.

Mr. Tieman centered his instructions in the classroom. He took the different parts of the body, their uses and relation to other parts. He explained how to improve your health and keep it that way by exercise, good food, and rest.

Both Mr. Naber and Mr. Tieman attended the University of Louisville where they are still known for their outstanding play on the basketball court.



PHYSICAL EDUCATION DEPARTMENT