

**PEER COUNSELING:** Front Row: A. Howard, C. Hansaker, S. Beck, M. Levy Middle Row: M. Olasov, N. Justice, M. Berman, A. Lipson, H. Hermoni, S. Bellot, M. White Last Row: Mr. Delaney, A. Kleiser, K. Schafer, J. Fox, B. Rosel, A. Rothman, S. Hertzman, S. Wasserman



## Students Helping Students

**Y**our head hurts, you forgot your English homework, and this morning you got a detention for being late. Your best friend is furious at you for leaving the locker door open again, and all this has happened by second period. What can you do to possibly keep the day from becoming a total disaster?

Peer counseling at the high school may not solve all your problems, but it certainly may help the day go by a little easier.

Terry Delaney has been in charge of the program for the past three years. "It is a way to give the students a safe place to express themselves," said Delaney.

Becoming a peer counselor requires six hours of training with Delaney or his assistant, Susan Koehler. Peer counselor senior Melissa

White said, "To other people, it doesn't seem like it would be hard to be a peer counselor, since all we basically do is talk. However, someone needs to be there to know how to deal with more sensitive subjects such as death, although we usually stick to lighter subjects like parents or relationships," she said.

"...students don't feel like they have to watch what they say because a teacher is standing over their shoulder."

**-John Barton**

Sycamore's program is different from other schools, because it is 100 percent peers - no adults in the room. "This really makes a difference because students don't feel like they have to watch what they say because a teacher is standing over their shoulder," said peer counselor senior John Barton.

Sessions were held on Wednesdays in room 225 and open to anyone during their study period. "Things went really well this year," said junior peer counselor Stephanie Hertzman. "More people got involved and hopefully next year will be even better."

by Shana Bellot

**Principal's Student Advisory Council:** Front Row: R. Juneja, A. Dalton. Second Row: J. Neenan, R. Blackmore, R. Davidovich. Third Row: G. Hill, A. White. Last Row: J. Testerman, K. Huyvaert.



**SADD:** Front Row: M. Better, S. Hamilton, A. Howard Middle Row: J. Fox, S. Stauffer, A. Mills Last Row: S. Hassinger, S. Weinstein, L. Niehaus, Mr. Delaney

