

# RUNNING THE DISTANCE

Through much hard work, the girls cross country team achieve success

**"T**he girls cross-country team, facing a difficult schedule, had a hard, but successful season,

individually, and as a team. Randy Lothrop, the new cross-country coach, thought his team ran well. "We had a lot of individual success. Each of our top seven runners improved immensely from last year to this year. As a team, winning the Mt. Healthy Classic was probably our biggest success of the season," Lothrop said.

To be the absolute best they could possibly be, practicing after school was a daily routine. To get into shape, they ran many miles, weightlifted, and often swam with weighted vests on.

At the beginning of the season, Lothrop thought his team would have a chance at winning the league, and doing well at districts. In the GMC tournament, Sycamore placed second. In districts, the girls placed 6th. Overall, placing as high as they did in these events, Coach Lothrop was not disappointed. "Our districts were outstanding.

The competition, however, was very competitive," Lothrop stated.

Senior Amy Willinger qualified for regionals. For her first year competing on the cross-country team, Lothrop said Amy had a successful season. This year, Amy decided to run, instead of playing soccer. All of her teammates were pleased she chose cross-country. Amy ended up being the top runner of the team.

"Amy placed first among Sycamore girls in every meet of the season. She is a true leader," Coach Lothrop said without a doubt.

Willinger received All-City Honorable Mention and 1st team All-League, and Alison Poff and Nikki Jackson received Honorable Mention All-League.

While thinking about the 1992 cross-country season, Lothrop has high hopes. Three sophomores, Nikki Jackson, Alison Poff, and Jessie Good will be returning.

by Lauren Casper



Senior Carrie Marston passes another runner at the Mt. Healthy Classic. This course was run in 100 degree weather and is one of the toughest in the city.

Sophomore Jesse Good runs at the Mt. Healthy Classic in which the Sycamore girls finished first out of eight competing teams.



Senior Amy Willinger strides out at the St. Xavier Invitational, helping Sycamore to place 9th out of 21 teams. Willinger received All-City Honorable Mention.

Freshman Madeline Bey keeps running at the Mt. Healthy Classic, where the temperature was over one hundred degrees.

