

DEFENSIVE DYNAMOS

Over the season, the team became well known for defensive strategy. Their quick efficiency at stealing the ball came from a strong competitive streak sprung from a love for the sport.

Senior Captain Elizabeth Van Den Brink, 12 said, "Water polo fulfills my competitive desires. I love to compete no matter the sport. I also like having a release from school and life. It allows me to let loose, get a good workout in and have fun."



HANNAH HORNE, 9



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"I benefit from water polo very much! My confidence has definitely increased. Also, I am in great shape and feel healthy because I have become much stronger, emotionally and physically. I have also learned to not be too hard on myself when I do not succeed."

-Sophie Campbell, 10

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