



STEP UP

By: Ellie Armstrong, Sammi Miller

The dancers started a grueling practice schedule quickly after their fall season, and starting January 2, the team ran practices for three hours 9:00 a.m. to 12:00 p.m. every day. Competitions quickly approached in the winter, so the team routinely ran through landing tricks and constantly cleaned the details of the routine.

"I would say that the whole team works extremely hard and always tries their hardest. We train a lot and have really been increasing our skills, especially in tricks. It's a lot of run to just relax, and just dance," said

Kelly Donovan, 9.

The theme of the

season was traveling through time, which inspired the futuristic costumes that went into the competition scoring.

The dance music went through the decades in a mashup of "I Wanna Dance with Somebody" by Whitney Houston, "Yeah!" by Usher, "Starships" by Nicki Minaj, and "Finesse" by Bruno Mars.

Coach Hannah

Young said, "It has been so rewarding to watch these girls grow as young ladies and dancers. As we approached competition season, it was stressful, time consuming and exhausting, but well worth it."



KELLY DONOVAN, 9