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Clubs challenge mind, body

“Salt is a great way to learn leadership skills and to meet new people.”
-Jonathan Hancher, 10

SALT

Our school was known for it's intelligent, talented, and spirited students. Ever wonder who was behind the scenes, promoting spirit and pride? SALT was greatly attributable to this. They were the ones who were there supporting our sports and athletes, encouraged our pride and tradition by the organized pep rallies, and provided great leaders for our school.

SALT met twice a month. It included five different committees, including the spirit committee, community service committee, publicity committee, spring pep rally committee, and the tees committee. Each of these groups was composed of athletes who were recommended by their coaches for their wonderful leadership qualities.

As a role model for the club, SALT had a speaker come in to talk to the members about leadership, something that became a yearly ritual for the group. The speaker had a great influence on the students and got them pumped up about their duties ahead.

“This year's speaker was pretty sweet. Ask me how I feel, because I feel great,” said Allison Bell, 12.

Members formed strong bonds being involved in SALT as well. The friendships created and the teamwork that the students possessed all contributed to their success in most everything they did.

“The club is made up of a lot of fun people and it is definitely a positive contribution to the school,” said Anne Roessler, 10.

Rock climbing club

The Rock Climbing Club was composed of people who had a zest for fun and were looking for something unlike any other activity. It called for drive and athleticism. It was a unique sport that members surely enjoyed.

The Rock Climbing Club met two Friday's per month. They ventured to Rock Quest where students had a fun time climbing the rock walls. They left right after school and then headed back home at around 5:00. Some students were allowed to stay there and climb the walls longer if they wanted to. Normally, it would cost \$15.00 to go climbing, but going with the school reduced the price to only \$7.00.

At Rock Quest, members got a taste of the adventure they may experience if they were to go climbing up a real mountain. Although, this club was much safer and less extreme. Still, climbers received a memorable experience during each outing.

Climbers could either rent climbing shoes for three dollars, or buy used shoes for \$8.00. Along with climbing, students got to take short snack breaks to chat with friends and play cards.

The club was intriguing because it was something that some people may have been afraid to do, but was fun to try and conquer. Rock climbing was a team effort that brought students together.

“I like rock climbing because there is nothing else like it; it is a really unique sport.”
-Saul Hananel, 11



A speaker talks to SALT leaders. He had a very influential impact on students. His speeches on leadership gave members a good person to look up to for guidance. The words and motivation they received from him were taken into account and used positively towards the school.



Ryan Kantor, 12, and Mitchell Allen, 12, participate in a bridge building competition along with other SALT members. This was just one of the activities that the speaker had for students to get involved in. They did other simulations as well to practice leadership.



Rock Climbing Club's leader, Dr. Gene Donatell, aids a student as he climbs up a wall. Rock climbing was a strenuous activity, but one that gave a strong feeling of accomplishment to the climber at the end. It brought each individual pride in oneself, as well as a closeness between peers as they gave their support.