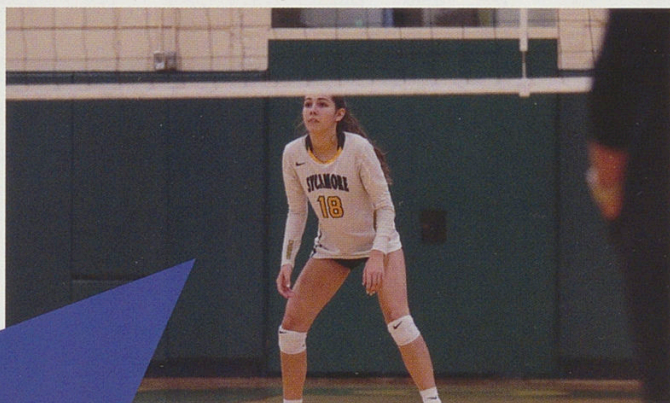


GIVING BACK

Volley for the Cure is a foundation that promotes positive awareness for breast cancer. They have raised more than \$35,000 out of their \$100,000 goal. Early detection saves lives in the fight against breast cancer. By encouraging early education and awareness, we can help prevent it from further spreading and developing.

At the Volley for the Cure game, the Aves showed up and showed their support for the foundation, packing the stands for the match against Mason with pink-clad students, coaches, and parents. Fundraising generated through a raffle, bake sale, t-shirt sales, and general donations raised more than \$4,800, which has donated to the Susan G. Komen Foundation. The foundation works to save lives and end breast cancer forever by empowering people, ensuring quality care, and helping find cures.

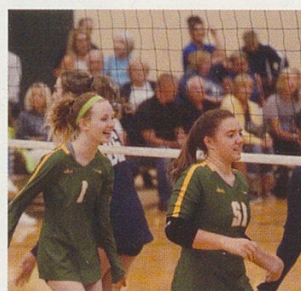


"I've learned from playing on a team that we won't succeed if we don't all work together."
Piper Tilton, 10



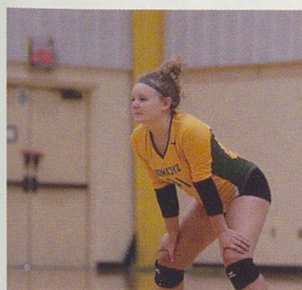
Q. What advice would you give to younger volleyball players just starting out?

"Try to go to as many clinics or open gyms as possible to get more exposed. Try to get private lessons as well to make sure the coaches are only focused on you so you can get better."
Dorothea Willis, 10



Q. How much of success is mental and how much is physical and why?

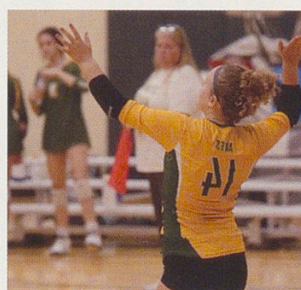
"In my opinion it's 50/50. When you play you have to be in a good mind-set and have your complete focus on the game. You have to know what the team's weak points are and to use them to your advantage."
Dorothea Willis, 10



Q. How do you stay motivated?

I stay motivated because I want to get better and coming to practice everyday and giving my best effort will help me improve.

Piper Tilton, 10



Q. What is the most important part of working on a team?

"The most important part of working on a team is keeping each other's heads held high and not putting each other down when we make a mistake."

Piper Tilton, 10