

# Seniors . . .

## A Senior Outlook on Adjustment

For some, adapting to a new school is easy, while for others, including myself, it can be a traumatic and depressing experience. My main goal is to tell new students that a major part of adjusting at Sycamore depends on your own reactions.

I moved to Ohio shortly before my sophomore year, and encountering a new school was my biggest fear. Some of my anxieties included not making new friends, getting lost, and wondering what my new classes would entail. It's almost like being a freshman, yet new students have no friends to cling to when a problem arises.

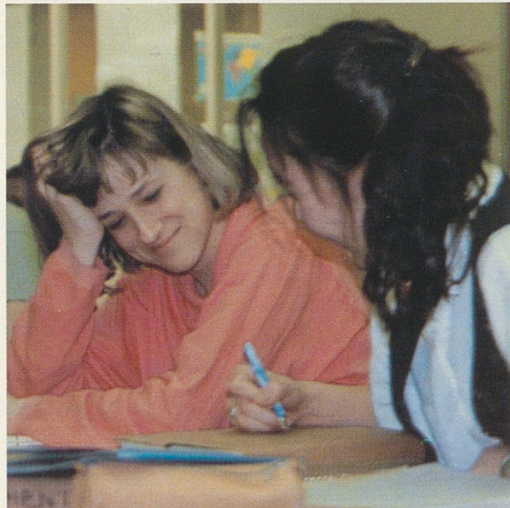
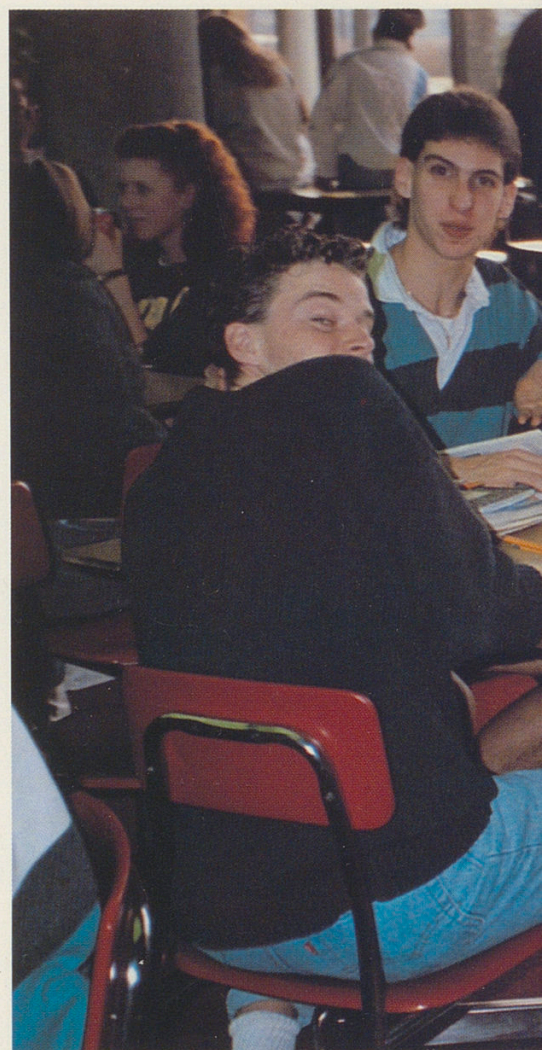
A common misconception is that adjustment is only difficult for the shy kid. In my case, it was the extreme opposite. Ever since I was young, I'd always been the "obnoxious little girl" who had to have her way. As a freshman at my old school, I was Secretary of the Freshman Class, played varsity soccer, and was a representative for

student council. Without bragging, I had many friends and received fairly high marks. Attending Sycamore in the fall of 1987 really deflated my ego. I went from a large school where most people knew me to a nobody. I took on a very apathetic view of school both socially and academically. Unfortunately, my first quarter grades that year were a definite indication of that.

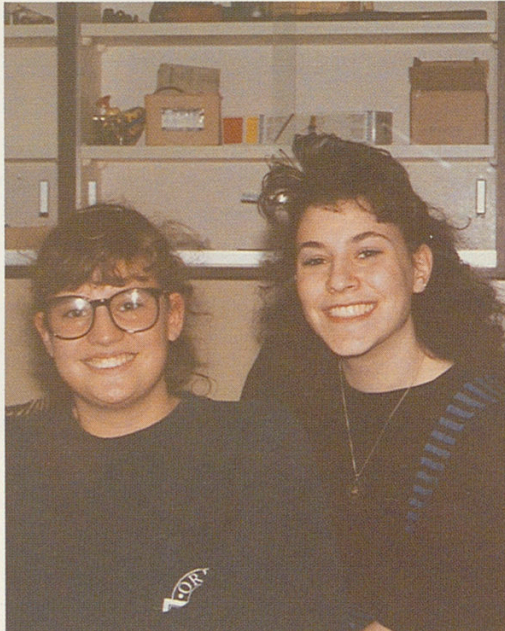
My advice is to just be yourself and hang in there because I know it gets much better. The benefits I've reaped from Sycamore include a better understanding of life, friends, and good times I'll never forget. Unfortunately, for some of my teachers — along with the rediscovery of the "real me" — included the resurfacing of the "little" girl who always had to have her way!

By Amy O'Connor

Aaron Saupe, Brian Kurtz, Greg Whitacre, Dave Kothrade, and Aaron Ploscowe enjoy their breakfast from the 9-Oh's!



Senior Lauren Reams is either drifting off to sleep or in deep concentration. Who knows?!



Lori Huber and Chrissy Moores are all smiles as they do their lab work!

