

# SETTING THE SEASON!

It all started on August 6. Sweaty bodies propelled themselves across the gym floor. Shouts of "mine" rang through the empty corridor as the girls volleyball teams began workouts under the varsity coach Paula Shaw-Hensley and JV coach Becky Ishee.

When someone says volleyball, most people think, "How Much Fun!, That's a nice easy sport, All you have to do is bump a ball around." Volleyball is definitely not as easy as it might look. For practices, players go to the gym and warm up. Next they move on to at least 200 passes, then serve spike and bump. It's hard work, but the winning results can be worth everything!

The varsity team's record was 8-14, but many players felt they played better than the record showed. Joining the GMC league never gave the team an easy match, because many of their opponents were ranked in the top 10 in the state. Team spirit was what kept everything running smoothly. With the support of the team, each person tried to play her best as well as keeping her other teammates from losing confidence.

In the Sycamore Tournament, the Lady-Aves ended with a 2-1 record, their best ever. The varsity team accepted the challenge of the GMC Tournament, but it ended in defeat. In this tournament, Felicia Goodman made the "all tournament team" consisting of seven all star players.

The outstanding reserve team ended its season with an 11-5 record, and a league record of 5-2. The JV team had talent and they excelled against the GMC teams. Some outstanding team members were Shelly Rooks, Susan Street, Kristen Rotee, Courtney Shackleford and Candy Nichols.

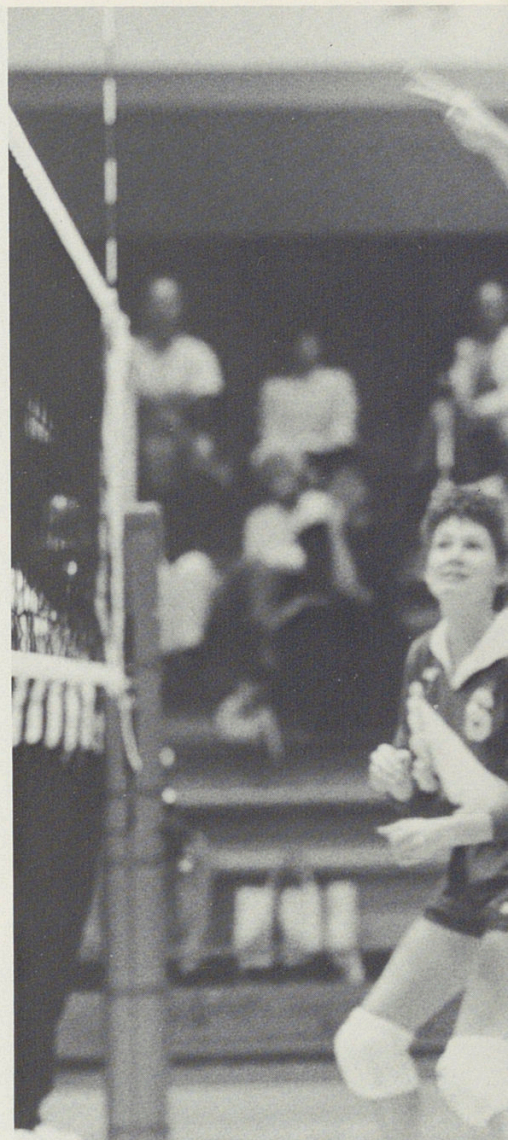
The 1989 volleyball season kicked off with the new addition of a freshman team, coach by Paul Melnic. Melnic believed that there was a lot of potential with his girls and they improved tremendously throughout the season. The freshman team ended the year with a record of 5-11.

A shaky start doesn't always stay that way. With positive attitudes and a lot of dedication, the girls' volleyball teams improved throughout the season.

by Beth Kirlin



The JV team shows their good sportsmanship by shaking hands with the opposing team.



Shelly Rooks digs in an attempt to save the ball.

Top: Felicia Goodman goes up for a spike as teammate King looks on.