



Ultimate Frisbee



By Kristin Grueninger
and Jaime Orent



Leaping for joy, and frisbee! Ben Sage, 12, used his height to his advantage as he leapt for yet another catch. Many other seniors enjoyed this club and used it as a way to let go of that college stress.

Five on five for about two hours playing on muddy fields is what the Ultimate Frisbee Team does for fun. They set up their own boundaries for scrimmages.

After getting out to the field just under an hour of waiting for all the players to show up, team president **Sam Pollak, 10,** led everyone down to the very slick practice field.

"Mr. Gutekunst is our sponsor but sometimes he can't make it to practice so they end fairly early," said **Pollak.**

The team practices twice a week on Tuesdays after school and on Saturdays at 4 o'clock in Pioneer Park.

Not only does the club play games against their own teammates but they also play many games against other schools.

"We lost one of our games only because we were playing a very good school," said **Pollak.**

The team consists of players of all grades nine through twelve. There are three coaches to help out on Saturdays.

For teams who have strong seasons the Ultimate Players Association holds Eastern and Western Regional Championships.

"Early in the season no one got really upset about a loss because it was way too soon to tell how good we could become," said **Sam Cole, 11.**

The coaches of the team let the players pick the practice times and dates since they wanted this club to be a predominantly student run organization.



Hold that frisbee high. The Ultimate Frisbee Club grins after another victory. The team really improved, and with the improvement came new friendships and great memories.



Tie dying their way to victory. The members of the club tie dyed their own t-shirts to show off their team spirit. This was one of the team's bonding moments during the season.



Freshman Mentoring



By: Jaime Orent



Be there or be square! Sarah Fenstermaker, 12, was the mentor for five freshmen. She called them all to remind them about orientation and make sure they didn't have questions.

Everyone remembers that first day of high school. Sweaty palms, constant confusion, sick to the stomach. Thus was born the idea for a club that would make the transition to high school a little bit less stressful.

"I was really scared of being in high school because all the kids were so much older, but then I went to freshmen orientation and met with my mentor. They were all really nice and reassured me that high school wasn't so scary," said **Lauren Sokol, 9.**

Freshman Mentoring was a new club that members of Student

Council put together for the incoming freshmen. The program was mainly implemented at the beginning of the school year.

For Freshman Orientation, a group of about five freshmen were paired up with a single high school upperclassman.

This upperclassman was in charge of calling the freshmen to remind them of orientation and answer any other questions they may have.

They would then meet the freshmen at the orientation and show them around the school, helping them find their classes so they would be prepared for their first day.

The upperclassman stayed in close contact with the freshmen throughout the year and became their mentor, giving support and answering questions when needed.

"I think the program really helped a lot of freshmen, we got a lot of positive feedback," said **Kristy Barngrover, 11.**



Claire Thompson, 11, did her job as she led her group of freshmen around the school for a tour. It eased freshmen's nerves to find their classes before their first day.



Locker blues? Jen McLaughlin, 11, helped **Kelsey Tremblay, 9,** open her sneaky locker during orientation. It was all about making freshmen more comfortable with the idea of high school.

