



A BIT OF FRESH AIR AFTER ANOTHER TOUGH MORNING OF SCHOOL! Students stroll to Dulle Park for the Wellness Walk. The walk was sponsored by Student Assistance Council and H.O.P.E.. Leading the way were **Emily Saltz, 11, Shakerra Sampson, 11, Kelsey Kiley, 10, Katie Daniels, 10, and Katherine Chang, 10.**

I loved being a part of passing out the "I am Loved" pins because it is like a wave of red on back packs across the school that lasts all year.

> **Jessica Sebastian, 12**

The kids of S.A.C.

Student issues group helps all students one issue at a time

By: **Laura Eastes**

READY TO HELP STUDENTS. Co-President, **Amy Donofrio, 12,** and treasurer, **Jessica Sebastian, 12,** begin the meeting

with discussing up-coming events. The Student Assistance Council Club met twice each month and planned an event every month to deal with a student issue. In October, the club planned The National Red Ribbon Week the 23rd thru the 29th. During the week, the club had a banner for students to sign for being drug free, passed out stickers to celebrate the Red Ribbon Week, and of course, red ribbons were passed out and worn throughout the week. The group welcomed students to school in December with red "I am Loved" pins. The purpose of the pins was for promoting suicide prevention. Later on in December, the group came over the morning announcements and announced the Lights on for Life event. A sign hung in the commons to encourage others to support safe driving during the holiday season and drive with their lights on throughout the day.



I love S.A.C. because I feel we really get a chance to help the school with problems every student has to deal with. I like feeling like I make a difference in students' lives.

> **Amy Donofrio, 12**

S.A.C. sponsored events

September

New student breakfast and new student mentor program starts.

October

Red Ribbon Week and Wellness Walk

November

Self-esteem week and Turkey Day

December

Lights on for life and "I am loved" pins

January

Relaxing exam environment

March

Grim Reaper Day

April

Prom Promise

