



"It's the team unity. Everyone cheers for everyone else, and you always know that you truly are a part of the team. It is the spirit of the CCP that's so strong that we keep coming back, even after we graduate."

> **Mark Myers, 12**



"Running into the final stretch, with everyone screaming and cheering for you, while you race to the finish, is the best part of cross country."

> **Kyle Fitch, 11**



"What makes XC so great is the people I get to enjoy it with. It takes a certain type of person to run the way we do, and I am privileged to be able to compete with them."

> **Grant Sperry, 12**



"Everything is awesome- the team, the kids, the meets, getting into shape. Even though running isn't the most fun thing ever, cross country is awesome-I'd recommend it to anyone."

> **Brian Weber, 10**



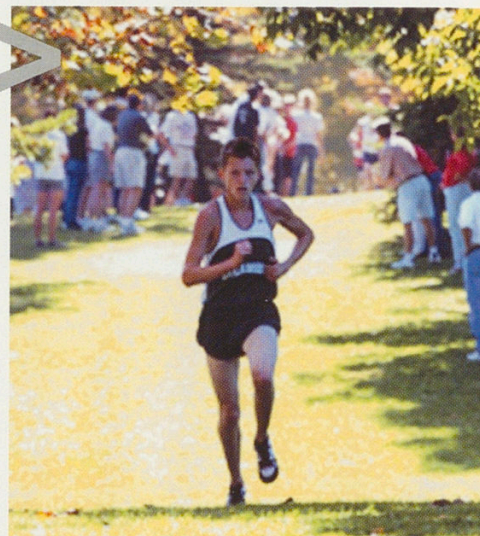
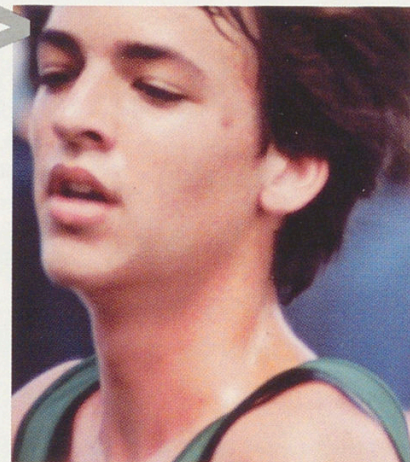
"The racing experience is unbelievable. It's a mix of excitement, fear, sweat, exhilaration, and pain. But when it's all over, you know it was worth it."

> **Taylor Williams, 9**



**SOLID VARSITY RUNNER.** Ben Sage, 11, was a solid varsity runner, who improved his time by two minutes between the first and last race of the season. With a personal record of 17:38 in the 5k (3.1 miles), Sage was a member of the elite 17-Minute Club, and rapidly got faster. It was a rocky season with his times going up and down, but Sage always ran his hardest, and was a force on the course.

**STILL RECRUITING NEW GUYS.** Max Glassner, 10, was a recent addition to the team as a sophomore. With a personal record of 21:27, in a 3.1 mile race, he proved that even the new kids on the course could survive a school's toughest sport. Overcoming obstacles was difficult, especially when the biggest hurdle was the attitude of the runner, because as a new runner, it can be hard to ignore the pain and run faster. The guys knew this, and just tried harder.



**JULES ROSEN, 11, KICKS SOME BUTT AT GMC'S.** The Greater Miami Conference was held at Harbin Park, and the team did excellent, beating out 8 other teams for 2nd place. Rosen finished in 4th place with a time of 16:36.48. He got even better, with a personal record of 16:19, ranking 5th in the history of Men's Cross Country.

**RITUALS AND TRADITIONS.** Instead of praying, the men's cross country team did the circle cheer. The varsity runners met in the middle for a pep talk, then they held hands and ran as fast as they could, ring-around-the-rosy style, yelling thunderously, they then met in the middle again and roared "CCP!" The varsity teammates spoke of this routine with smiles, knowing how it pumped them up for success.



## Scoreboard

Meet	Rank	Number of Teams
Fairfield	4	17
Lakota	14	18
Princeton	4	25
Milford	1	18
Harrison	4	16
Fairmont	5	26
Eaton	2	18
GMC	2	10
Districts	5	15
Regionals	Jules Rosen- 13th	129 runners
State	Jules Rosen- 36th	149 runners



**ALWAYS A READY SMILE.** Sandy Berry, 10, always had a smile for everyone, even after a race. Races took every ounce of effort a runner had, in order to push himself to the limit, and get the best time he was capable of getting. The boy's cross country team did all that and more. They were always together, having a riot at the infamous pasta parties, showing up at meets to support their runners, and giving a great show of team unity. Joining the boy's cross country team earned you friends to count on, who would be there, no matter the effort it took.