

Varsity

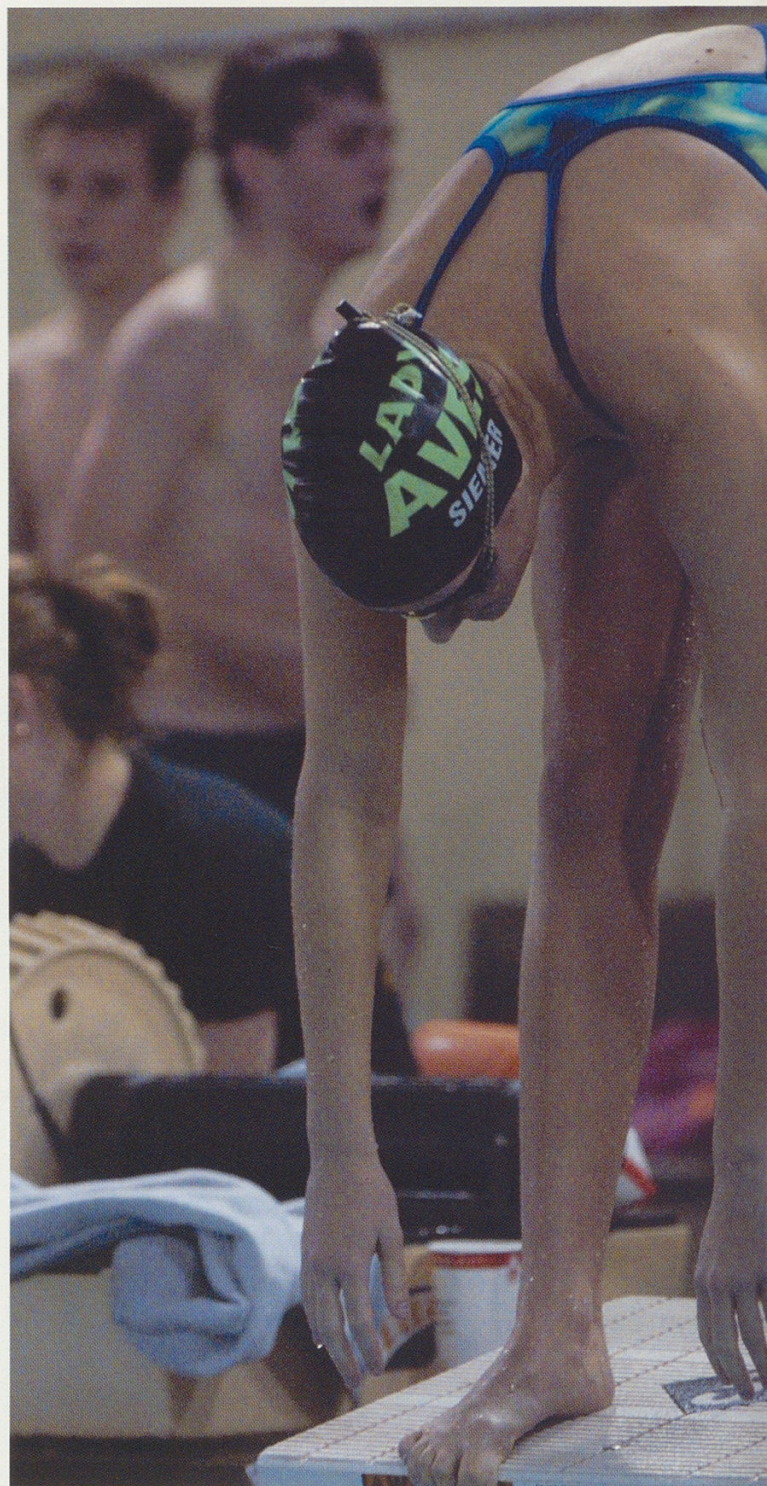


Row 1: Katie Loftspring, 12, Suzanne Wight, 12, Rachel Wang, 12, Lauren Bernstein, 12, Courtney Siemer, 12, **Row 2:** Gina Bohl, 10, Sarah Porter, 10, Paige Keefe, 9, Chelsea Keller, 9, Lauren Truax, 11, Katie Hess, 11, Erica Weber, 11, **Row 3:** Dina Dendramis, 11, Lauren Kindrick, 9, Christina Huron, 11, Grace Denny, 10, Megan Brown, 11, Amy Krone, 10, Rachel Costello, 11 **Row 4:** Coaches Alan Wight, Dan Carl

Junior Varsity



Row 1: Rachel Meyers, 10, Amanda Charney, 11, Alex Perotti, 10, Samantha Bushong, 10, Anna Fryer, 10, Brittany Lawrence, 9, Katie Kirschner, 10, **Row 2:** Christine Meier, 10, Kim Bieler, 10, Emma Troendle, 10, Julie Bonn, 10, Lina Aukstulio, 10, Erin McMullen, 10, **Row 3:** Coach Jessica Ruggiero, Nicole Hall, 10, Claire Mondro, 10, Corrie van Amerongen, 12, Allyson Harmon, 12, Coach Dave Lienesch



Unbottled Girls propel water

To a 4th place state finish

By: Katie Loftspring

HEADS, SHOULDERS, KNEES, AND TOES.

These girls were submerged in water for nearly nine months, yet they still emerged smiling. Not only did the girls swim during the regular four month season, but many participated in water polo in the fall, and club swim teams during the summer months. This was because of the self-satisfaction acquired in three ways: winning, eating, and toning. Any parent that hosted one of the many pasta parties throughout the season knew that the food had to be ready when the girls entered the door. Through

hard work at the many practices, they converted food energy into muscle and speed.

Throughout the season the girls practiced six days a week, for sometimes up to four hours a day. They forfeited their winter breaks, and came in during the school year in the early morning hours and stayed until the late evening so that they could be the best that they could possibly be.

Challenged by a new coach, the girls did their

best to impress. Their efforts earned them a 1st place finish in the GMC, and a 4th place finish at the state meet.

"What was so great was how well the girls on the team got along with one another. Everything was a little out of whack with a new coach, but after a while we got use to it. Ask any swimming girl what she thinks of when you say "moobs." Now that's something that I will never forget," said **Courtney Siemer, 12.**

