

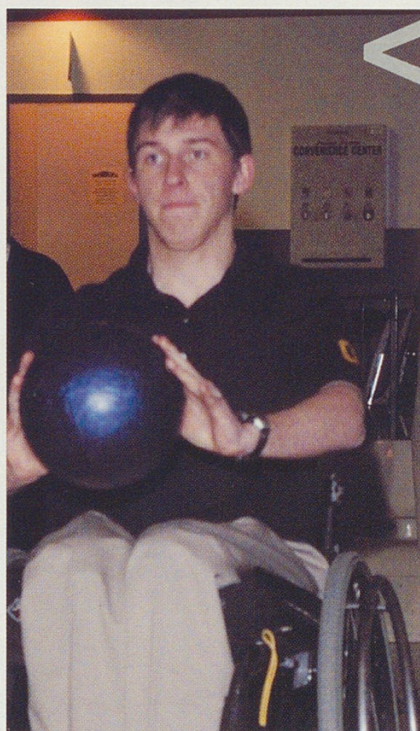
“We did fairly well with what we had, and if we had the time we could’ve done better”

Knock down those pins!

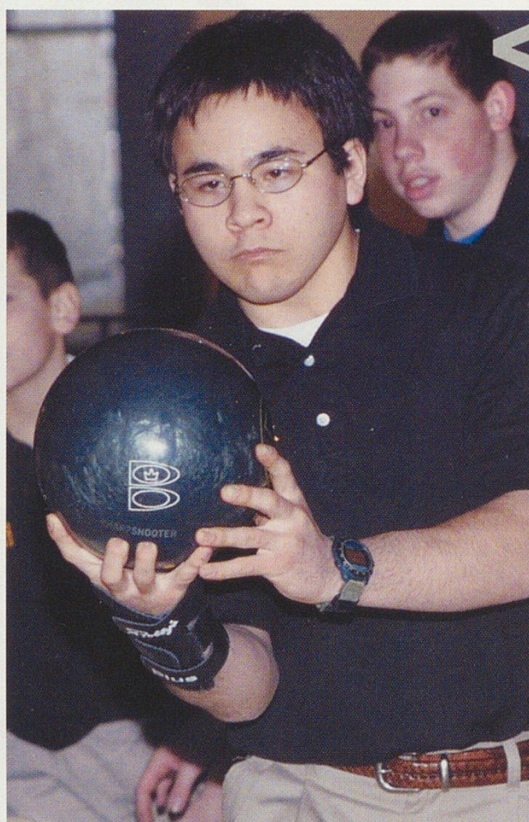
By: Mimi Barkawi

SOME PEOPLE THINK BOWLING IS a sport they play after school or on the weekends with their friends. But for these guys it is more than just a recreational activity. The guys on this team take bowling very seriously. They practice hard, trying to perfect each move and work on getting all strikes every frame.

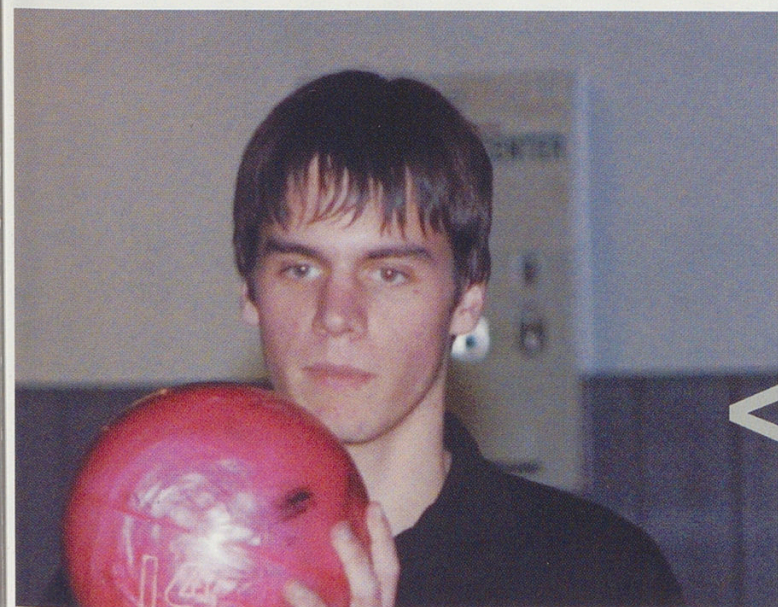
This is the first year we have had a bowling team, and the team went up against other GMC schools who have had a bowling team for years. The bowling team was started by Nick Sestito, 12. The team started practicing during winter break, and went on all through the rest of the winter season.



JOSH KOSTREVA, 12 KEEPS HIS EYES ON THE PINS. Bowling is a sport in which one has to keep their complete focus and concentration. Kostreva does a great job of this. He always tries and goes for the strike. Having good technique when you throw the ball is an asset to your game, and follow through can help dramatically.



WITH FIRST YEAR BOWLERS COMES NERVOUSNESS. Being the first members of the Bowling Team can be a bit nerve wracking. Nick Sestito, 12, tries his best to keep all those butterflies inside, and keep his poker face on.



CONCENTRATION IS A KEY TO GETTING THE STRIKE. Jon Ellingham, 12, is very focused when he is up to bowl. Ellingham was a leader on the team, and did his best to improve his game. He learned from his mistakes, and tried to perfect every move. When bowling, one should always keep their eyes on the front pin to get a strike.