



**Row 1:** Rachel Shaftel, 11, Jasmine Nazek, 10, Christine Taragano, 10, Renee Sabo, 10, Kate Scheineson, 11, Rachel Zakem, 10, Stacie Klein, 10. **Row 2:** Catherine Phillips, 11, Melissa De Jonckheere, 11, Lauren Truax, 11, Molly Beggy, 10, Laura Keough, 11, Nayla Takieddine, 10, Brittany Jochum, 11. **Row 3:** Chelsey Lutz, 10, Kyle Spicer, 10, Adrienne Westcott, 10, Erika Brandewie, 10, Elizabeth Tripp, 10, Kelsey Kangos, 10, Melissa Sedziol, 11, Coach Jennette Horton.

## Freshman



**Row 1:** Kimmi Oshita, Emily St. Cyr, Linda Mendez, Katie Abrams, Daniella Martos. **Row 2:** Morgan Campbell, Katie Anne Reiner, Liz Walsh, Brittney Rothe. **Row 3:** Coach Tara Schaefer, Stacy Shutts, Sarah Hansen, Emily Wehman, Audry Kang, Lizzie, Lohse, Brittaney Gardner.

### GOING TO GOAL, RACHEL Zakem, 10.

Despite problems with shinsplints, Zakem still worked and played hard. She was one of the leading scorers when she could play.



# Girls JV and freshman lacrosse strive for excellence Teamwork sticks

By: Ashley Kindberg and Lauren Truax

**WHAT A DIFFERENCE A YEAR MAKES IN LACROSSE!** The girls said that there was better coaching and they had more fun. Both teams had a successful season.

Tryouts were held February 2nd for both teams. Any girl who was interested in playing was placed on a team. To make JV you had to

have some skill and know the game.

The girls practiced 5 days a week from 2:45 to 5:00. Practice consisted of doing shuttle runs, passes, plays, shooting on goal and drills.

The goals for both JV and freshman teams were to have a winning season through hard work and playing as a team. Freshman goal's were to improve and learn more in order to be prepared to play and compete at higher levels.

Their other goals were to have a winning record

and a good time.

Unity is a big part of the JV and freshman teams. JV likes to hang out together by meeting before away games in Coach Horton's classroom, which is the "apartment". They order food, watch *American Idol*, movies, do homework and relax. The freshman team captains **Liz Walsh** and **Stacy Shutts** did a great job of keeping their team in line and pushing everyone to do their best.

