

Clean and healthy

New menus and excellent custodians

By: Laura Eastes

EACH DAY STUDENTS CAME TO SCHOOL, THEY ATTENDED CLASS AND were helped by teachers and administrators.



HELPING THE HUNGRY! Mrs. Carol Combs, nutrition specialists, rang up Andy Shaver's, 12, lunch. Combs worked the register and always seemed to have the shortest line. Her quickness on the register helped many students out with allowing them more time to eat.

But teachers and staff were not the only adults students came into contact with. Each day students were helped by custodians and served lunch by nutrition specialists.

Although the nutrition specialists and custodians did not teach, they were just as important in making the school run properly. The nutrition specialist prepared lunch each day and ran the snack shack before and during lunch for chips, drinks, bagels, and pizza. The custodians cleaned the

lunch tables, changed light bulbs, arranged the stands in the gym for various activities and many other things.

The nutrition specialist held students in their best interest while they prepared a new nutritional/wellness policy for the 2003-2004 school year.

"Ala carte foods had to follow nutritional requirements. They must not have more than 10 grams of fat per serving. This is why we were not serving the donuts, larger cookies, some ice cream novelties, super donuts, etc.," said Mrs. Barbara Duncan, Nutrition Supervisor.

Custodians were recognize at the final boys basketball game for their hard work each season in arranging the stands and benches.



HUNGRY? TRY THE SNACK SHACK.

Grant Steed, 12, picks out the perfect drink to quench his thirst. Cullen Luning, 12, heads towards the slushy makers and the pizza for his perfect lunch. The snack shack was located in the commons across from the regular cafeteria area where hot food was available. The snack shack sold snacks and drinks. From potato chips to chocolate chip cookies, the snack shack had it all.

How much did you have to shell out?

2.75

hot lunch served with main dish and two sides with milk.

1.00

12 oz. bottle of Powerade

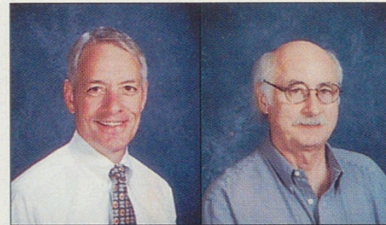
.60

homemade chocolate chip cookies

.50

bag of chips

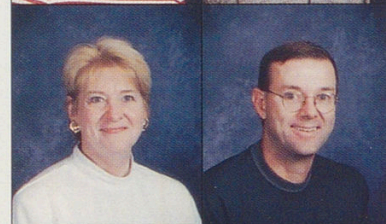
Mr. Tom Graler
Mr. Bob Gregory



Ms. Sharon Guenther
Mr. Mike Gutekunst



Mrs. Debby Gutzwiller
Mr. Mike Hahn



Mrs. Heather Hammel
Mrs. Missy Hardy



Mrs. Lorraine Hartke
Ms. Wanda Hatfield



Ms. Julie Haverkos
Mrs. Susan Helgeson



Ms. Allyson Henn
Mrs. Diana Herald



Ms. Renee Hevia
Mr. Mel Hoffert



Mrs. Callie Hoffman
Mrs. Mary Holtzleiter

