

SPREADING SPIRIT

Everybody yell!

By: Lisa Murphy and
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Coming into a new school is hard, especially if it is a high school. It was hard for most of the freshman, but not for the freshman cheerleaders. They tried out at the end of their eighth grade year for the cheerleading squad, not knowing what to expect from the upperclassman. The girls worked really hard and made it work. As they learned new cheers and routines, they bonded with each other. Because they all tried out for the squad at the end of last school year, the girls had the summer to get to know each other. It was great to see a familiar face in the unfamiliar hallways.

"The other girls and I weren't really friends before cheerleading. Cheering with those girls was so much fun and now we are friends," said **Rachel Senefeld-Naber, 9**.

Most of the JV cheerleaders were new to the routine. They had never cheered before, and by the time that they reached basketball

season, they were pros from the football season. They worked really hard and it showed. The majority of the girls knew how to dance really well so the team especially loved to perform their dances for the crowd.

"It was a lot of fun cheering this year but it was hard work," said **Kimberly Allen, 11**.

Both teams practiced very hard and gave it their all at each game. Cheering was not as easy as it seemed, the girls had to be extremely dedicated and had to be willing to work very hard.

"The most challenging thing is all the practicing and lifting we do. It's not just standing there and looking cute. We work just as hard as other athletes," said **Courtney Johnson, 10**.

Their team spirit shined when they cheered on the basketball players.

Let's go team!
Kristina Caudill, 9,
Lisa Wu, 9, and
Brittany Kindberg, 9
cheered for their
team. The girls kept
their smiles on till the
end of the game to let
their team know that
they were there for
them.



Row 1: Samantha Zola and Lauren Rubenstein. **Row 2:** Emile Hunter and Laura Singer. **Row 3:** Kristina Caudill, Rachel Senefeld-Naber, and Felicia Trost. **Row 4:** Michelle Gilgoff, Brittany Kindberg, Kari Hellman, and Lisa Wu.



Row 1: Anna Reis, 10, Kimberly Allen, 11, and Sarah Smith, 10. **Row 2:** Kortni Scott, 10, Sharae Gooding, 10, Jasmine Brooks, 10, and Aisha McNeal, 10. **Row 3:** Courtney Johnson, 10, Brittney Fields, 10, and Katy Poppelwell, 10.