



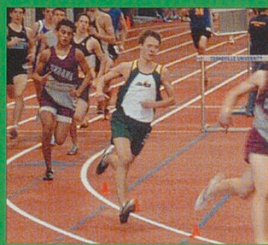
Alanah Sonntag, 9, leads the pack. The meet was held indoors at Cedarville University. Sonntag ran in the 3200 meter race, which, on a 200 meter track, equated to 16 laps. She finished fourth out of 24 runners, with a time of 12:07.



She's off! Ali Shewmon, 10, ran the first leg for Team 'B' of the 4x400 meter relay. Shewmon, with teammates Emily Hess, 10, Meredith Love, 11, and Morgan Swedberg, 11, finished seventh overall with a time of 4:41.95.

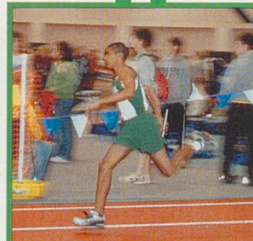
## PROFILE

### PLAYER'S



Aaron York, 11, runs full force. York ran the third leg of the 4x400 meter relay. The team finished with a time of 3:56.20.

Going strong, John Stucker, 9, competes in the 800 meter run at the Early Bird Invitational. The meet was held on an indoor track at Cedarville University. Stucker finished 28th of 68 runners with a time of 2:17.80



"WINTER TRACK IS THE ONLY TIME I GET TO RUN IN SPANDEX. IT MAKES ME FEEL FASTER AND MORE AERODYNAMIC."

-KELLI ROGERS, 12.



Sporting her spandex, Kelli Rogers, 12 stretches out before her run. The runners often wore gear to protect themselves from the fierce winter weather. Such gear included Under Armour or Nike spandex, which came in handy when it was 20 degrees outside.