



"Our coaches wanted it just as bad as we did. They continued to positively motivate us throughout the season,"  
**Karen Domas, 11.**

## Time out! AFTER SEVEN HOURS OF SCHOOL, HOW DO YOU CHANGE YOUR FRAME OF MIND TO YOUR SPORTING EVENT?

Team bonding. The hallway leading to the pool from the gym, across from the ladies locker room is where the transition from school to sport happens. Two teammates were assigned to a game to decorate "the hole" (pictured to the right) with quotes and supply the team with food.

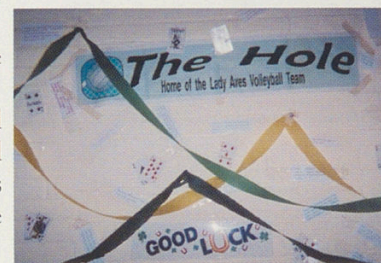
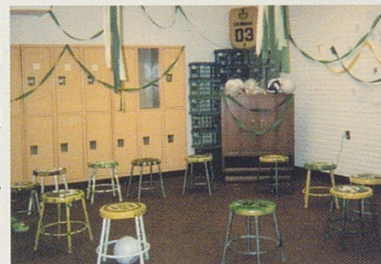
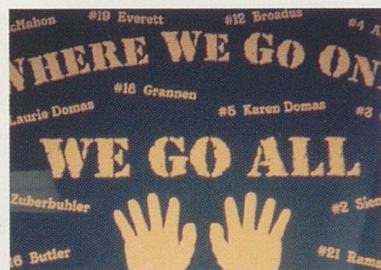
Around 5:30 the 12 girls sat on their decorated stools (pictured below) and prepared for the match.

"We have a routine that we go through after the coaches talk to us and give us the game plan. Before that you will see us stuffing our faces with the treat bags," said **Amy Broadus, 12.**

Away games include similar meetings in the hole along with collecting pebbles from their opponent's school grounds.

"We take pebbles from everywhere we travel to represent our journey. We are taking a part of that team and place with us," said **Courtney Siemer, 11.**

Previous to the opening game, the team bonded as well. Skits, bowling, and competitive play at Canton, Ohio broke the silence between the senior and junior team members and formed a bond that lasted through the season. Friendships are not the only result of the season however; the girls achieved their ultimate



## Spiking away the competition

A conference record of 8-1 names the team Co-Champs of the GMC  
 By Molly Finn



All conference first team was the prestigious team **Stephanie Everett, 12**, became a part of. In the middle of November, "Ev," as her teammates call her, signed to University of Virginia's volleyball team and accepted a full ride scholarship to the school.

goal, the GMC title. Practicing six days a week in the main gym with GMC banners from nearly every sport but theirs overlooking them, these girls declared... "It's about time we hang a banner of our own!" On November 12, the green banner with 2002 was hung.

**Coach Paul Melnick**, awarded GMC coach of the year, exclaims, "It was a great season! The makeup of this team kept us excited about the season, we did not want it to end!"

The season may be over, but the success is embroidered in green and gold overlooking the court where it all began.



With a hitting record of  $+ .348$ , **Christine McMahon, 12**, joined the 2002 All Conference first team. McMahon also broke several defense and offense records.

