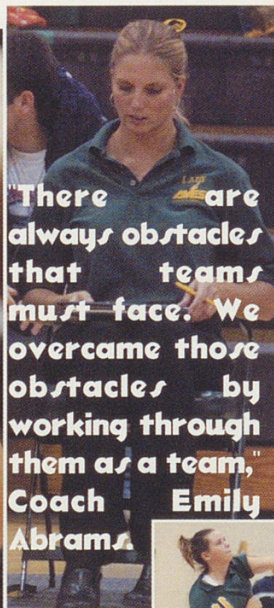
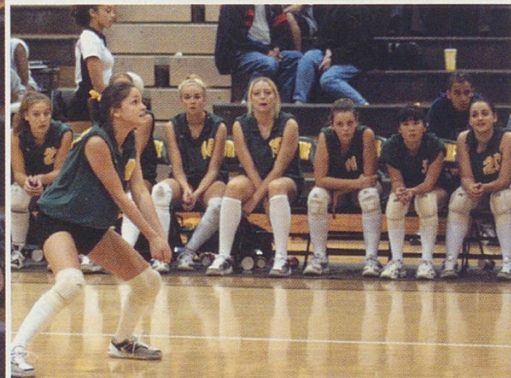




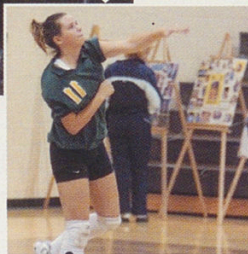
A true team effort! Number 19, **Cassie Booker, 10**, leads the huddle before the match. The team came together before the beginning of each game to motivate one another.



"There are always obstacles that teams must face. We overcame those obstacles by working through them as a team," **Coach Emily Abrams**.



Mine! Setter turned passer, **Jen Ramstetter, 10**, steps onto the court to dig up the ball on defense. Not only did Ramstetter contribute consistency in both skills but a positive attitude as well.



"I'll bring the life jackets," said **Abbey Hull, 10**, referring to the teams pool party. But Abby brought an aggressive serve and hysterical humor to the team as well.

Together everyone achieves more A group effort to individually improve

By Molly Finn

THREE JUNIORS, SEVEN SOPHOMORES, AND THREE FRESHMAN MADE THE JV TEAM. With the goal to polish skills before playing on the varsity court, these girls worked hard both mentally and physically to improve.

"I switched from a setter to a passer, as well as Jen and Molly, and Heather went from hitting to setting. A lot of positions were changed but that did not slow us down. We all helped each other to learn the new skills," said **Emily Koegel, 10**.

Support also came from their fan, former freshman coach, **Mary Luning**. Luning encouraged them by cheering during the game and commending them on their hard work after each match with candy and a humorous note.

"Even though she no longer coaches, she was always there to support and motivate us," said **Katie Conner, 11**.

Along with a season full of hard work and support was a season full of friendship. Before school began, **Coach Emily Abrams** held a pool party at her apartment complex to unify the age-diversified team.



Bonding also included a team sleepover at **Ginny Tremblay's, 10**, house and a limo ride from **Abbey Hull's, 10**, dad's limo company. These integrated the ladies into a team, but to prepare for their matches, a sit down meal was provided by their moms.

"Our dinners helped us to become close to each other. We had fun and reenergized ourselves. We wish to thank our mothers for the delicious dinners," said **Hatsuna Nakanishi, 11**.

This season was not just about individually preparing for the varsity level, but uniting as a team to take that next step together.

"Yeah Nuggets! "
shouts Luning from
the stands.

"I love the game of volleyball! The continuous play gives you such a rush!"
Lina Aukstulis, 9.



Good Morning!

The team wakes up for a Saturday morning game by the flash of a camera. Saturdays were tri-matches, where each of the three teams would play two games.

