



1. **Fighting for the ball.** Rachel Zakem, 9, used her lacrosse stick skills to defensively get the ball. Players positioned themselves in front of the opposing team to block them from scooping up the ball. 2. **Man-to-man.** Michelle Bacha, 9, on the developmental team, defended the opposing team, while also attempting to steal the ball away.



"I have been playing lacrosse since I was in 8th grade, so this is my fourth season. We practice every day after school, but it's worth it because it helps us prepare for the games," Tia Liddell, II, JV.

Working to be the best And scoring the goals

By Stephanie Brown and Jenni Forbes

WHEN ASKED ABOUT THEIR SEASON, THE GIRLS ON JV AND DEVELOPMENTAL ALL AGREED THAT IT HAD BEEN FUN IMPROVING THEIR SKILLS AND MAKING NEW FRIENDS. A majority of the girls planned on spending time at camps during the summer to further work on their stick skills.

"I think our team worked very well together this season. To help myself improve even more, I practiced on my own time, throwing against the wall," said Laura Bills, 11.

The JV team was composed of mostly sophomores and juniors. It was coached by Mrs. Jennette Horton. The team met every day after school to practice. Long practices and many miles to get to games were well worth it, as the girls came out on top. They won or tied the majority of their games. The girls worked together to further develop their skills, and dedicated their time to improving so that the next year they could move up to varsity.

"I like to go to practice, because my friends are there and we all have a lot of fun. We also work really hard during drills and I really think Coach Horton is a great coach," said Meghan Crosby, 10.

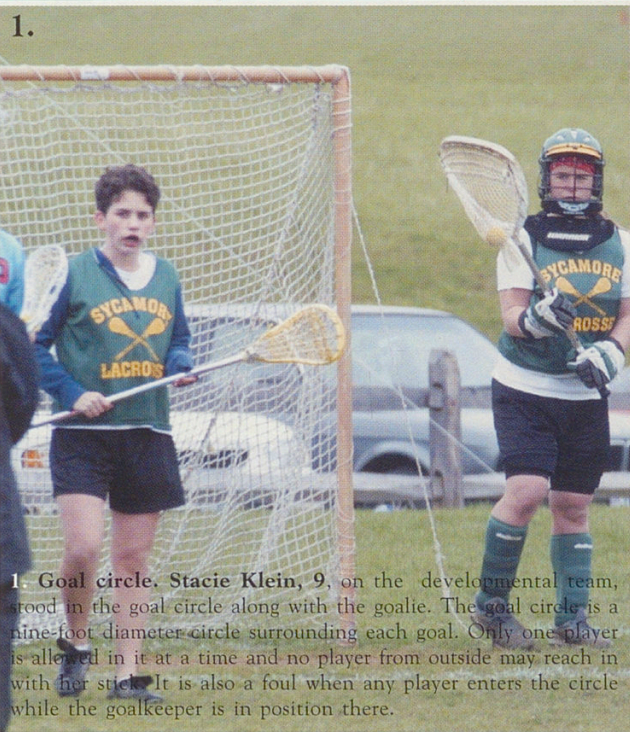
Girls developmental lacrosse was for

anyone who had never played lacrosse before and wanted to learn, or for those who wanted to improve their skills. The team was led by Coach Amanda Cole, a 2002 graduate. The girls started out the season by practicing every day after school, learning the rules of the game, stick skills, and getting in shape so that they could be prepared for games.

The girls worked well as a team and often encouraged each other to do their best. The team attended the Varsity and JV games as much as they could, so that they could see how the game was played, and to support their teammates. Many aspects of the game were learned throughout the season and the girls left prepared for the next year.

Team spirit was an important aspect of the teams. On both teams, the girls all supported one another during games, encouraging their teammates to do their best. Parents and fans cheering on the sidelines helped give the girls confidence to win their games and to work together as a team.

"The most difficult part of the season was getting back into the game after I missed two-and-a-half weeks of practices and the tryouts, but overall, I think we had a good season," said Stacie Klein, 9.



1. **Goal circle.** Stacie Klein, 9, on the developmental team, stood in the goal circle along with the goalie. The goal circle is a nine-foot diameter circle surrounding each goal. Only one player is allowed in it at a time and no player from outside may reach in with her stick. It is also a foul when any player enters the circle while the goalkeeper is in position there.

2. Sidelines.

Katherine Buckingham, 11, Laura Bills, 11, Liz Brodzinski, 11, and Meghan Crosby, 10, joke together while sitting out on the sidelines. They sat on the sidelines and cheered on their teammates.

