

# body image and nutrition



"I was diagnosed with Anorexia Nervosa my freshman year. It made me want to help others in our school so I created this group,"  
- **Nichole Thompson, 12.**

## INTERESTING FACTS:

- \*50% of anorexics also are bulimic
- \*20% of bulimics have a history of anorexic episodes

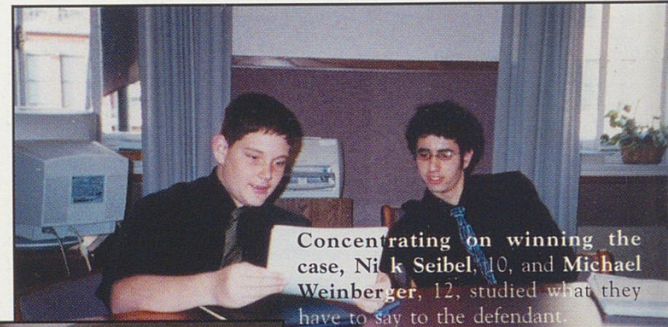
Body Image and Nutrition is a group at our school that was created for girls and boys to discuss body image depicted through the media and also general and personal manners. This group was created to prevent students from making wrong decisions and helping them to make the right decisions.

"The group is to provide support for students to explore the way they see themselves. The emphasis is on the whole person, not just their physical self," said Mrs. Susan Warm, student assistant counselor.

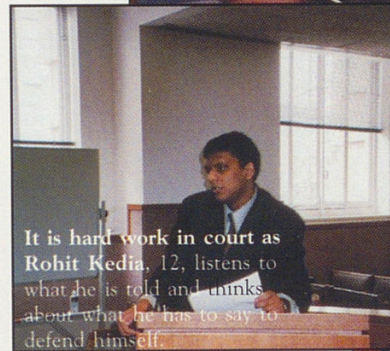
This group meets once a week for a whole bell. At every meeting they talk about the previous meeting and also a new topic is introduced. Everything talked about at the meeting is confidential. This group is made up of anyone, grades 9-12, and everyone is there to listen and to work together to improve any situation. You can join this group by signing up in the Guidance Office or by talking to Warm.

**By Brooke Glassman**

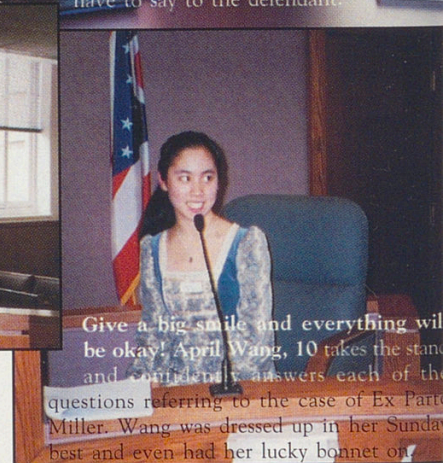
# YOU CAN'T HANDLE THE TRUTH



Concentrating on winning the case, **Nick Seibel, 10,** and **Michael Weinberger, 12,** studied what they have to say to the defendant.



It is hard work in court as **Rohit Kedia, 12,** listens to what he is told and thinks about what he has to say to defend himself.



Give a big smile and everything will be okay! **April Wang, 10** takes the stand and confidently answers each of the questions referring to the case of Ex Parte Miller. Wang was dressed up in her Sunday best and even had her lucky bonnet on!

Order, order the Mock Trial is now in session. Mock Trial is a group of students interested in court room procedures. Mock Trial contains two teams each with eight students. These teams compete with other schools in the community. These teams are competing on the case of Ex Parte Miller, based on a true case back 138 years ago in the fall of 1864. Students are expected to introduce their side of the case to a real court and justice. The students have to decide how far the government permits the right of an individual's constitutional protections, including the right to a trial in a civil court and freedom of speech. Since over fifty people tried out, **Mr. Eric**

**Wise** accepted more than usual. As a result of the high demands for this club, he created two teams that competed. The team was divided into two teams, but only one team could compete at a time.

"Mock Trial was a lot of fun, especially as a witness because I got to dress up as part of the Civil War era," said **April Wang, 10.** **By Carly Mandel**

"**Ramzi Takieddine, 12, Nitin Sekar, 11, Rohit Kedia, 12,** won Best Lawyer Award and **Emily Rock, 11, Adam Bahir, 10,** won Best Witness Awards,"  
**Mr. Eric Wise**